



## **COVID-19 HEALTH AND SAFETY PLAN - ATHLETICS**

The Douglasville Parks and Recreation Department has developed the following plan to limit the spread of COVID-19. We have developed this plan based on the Center for Disease Control and Prevention (CDC) FAQs and guidelines.

### Youth Baseball/League of Stars/Adult Softball Protocols:

1. All players, coaches, and captains must wear a cloth face covering while not on the field.
2. All players are requested to sanitize their hands prior to and directly after practices and games.
3. 30-minute gaps between use timeslots will be added to provide time for the fields to clear between both practices and games.
4. Parents/spectators for youth sports are encouraged to stay in their cars during practices, especially for parents with players that are of an age/ability where it is not needed for them to be there. Anyone spectating during games will need to maintain at least 6 feet of distance from others and are required to wear a cloth face covering.
5. Spectators are not allowed for adult sports; only players that are rostered and a team captain (if he/she is not playing) are allowed.
6. Players will respect social distancing requirements when possible.
7. All shared equipment, such as balls, catcher's gear, and any touch points, will be sanitized between uses.
8. Unnecessary physical contact, such as high-fives, handshakes, etc., are prohibited. Elbow touches are allowed.
9. Only coaches, captains, staff, officials, and players will be allowed on the field.
10. Coaches and captains will screen players for symptoms before practices and games.
11. This plan will be shared with all players, parents, coaches, captains, staff, officials, and spectators.

### Adult Basketball Protocols:

1. All players and captains are required to wear a cloth face covering when entering the gym and when sitting on the bench.
2. All players are requested to sanitize their hands prior to and directly after practices and games. Sanitation stations are located in several areas throughout the facility and the gym.
3. 30-minute gaps between use timeslots will be added to provide time for the gym to clear between games.
4. Spectators are not allowed for games; only players that are rostered and a team captain (if he/she is not playing) are allowed.
5. Players will respect social distancing requirements when possible.
6. All shared equipment, such as balls and any touch points, will be sanitized between uses.
7. Unnecessary physical contact, such as high-fives, handshakes, etc., are prohibited. Elbow touches are allowed.
8. Only captains, staff, officials, and players will be allowed in the gym.
9. Staff will screen players for symptoms before games. Temperature checks will be enforced upon arrival to the facility/gym.
10. This plan will be shared with all players, captains, staff, and officials.

### Reporting Protocol:

1. If a player becomes infected (receives a positive test result for COVID-19), the parent/player should notify the team coach/captain immediately. The coach/captain should then notify all parents/players on the team as well as the athletics staff.
2. Practices and games for the team will be suspended for a minimum of 14 days.
3. The infected player must obtain a negative test result for COVID-19 before returning to play. This result should be shared with the athletics staff.
4. The facility that was utilized by the team of the infected player will be closed to sports activities for 48 hours after receiving the first notification of infection.